



LENDING A HAND - IT'S IN OUR NATURE.

Volunteering in Central Coast



A MESSAGE FROM MAYOR JAN BONDE

I believe we are extremely fortunate to live in a community that is well versed in volunteering and we all benefit from the immeasurable value it provides for the people of the Central Coast.

Volunteering provides opportunities for improving the quality of life for those assisted within our community, but perhaps more importantly it also provides countless benefits in many areas, for those who volunteer such as;

- meeting new people, making new friends and connections. discovering new activities and interests.
- It may improve employment prospects, through new work experiences and skills or through new networks with individuals and organisations.
- Improving our physical health through activity
- Improve our general mental and emotional well being
- Strengthen families who volunteer together.

Volunteers' Week is celebrated in May each year nationally, and it is a time to recognise and appreciate the value of our volunteers and say thank you for the time and energy they give to their individual cause.

The contribution of our volunteers makes for a Central Coast that is a great place to live, work and visit.

Mayor Jan Bonde



ORGANISATION: **ULVERSTONE VISITOR INFORMATION CENTRE**

Location: 13-15 Alexandra Road, ULVERSTONE TAS 7315

Volunteer roles and opportunities: The Ulverstone Visitor Information Centre is always looking for volunteers to join their team.

If you have time available and like the thought of assisting tourists with their travel plans, then call us – we have a place for you on our team. Tourism industry training and familiarisation tours are available to you to bring you up to speed on our visitor attractions. As a registered volunteer you'll also be eligible for some great discounts.

So if you'd like to wear the 'Coast to Canyon' polo-shirt along with the rest of our proud volunteers, call the Council's Visitor Services Coordinator, Susanne Clear on tel. 03 6425 2839, drop into the Ulverstone Visitor Information Centre and introduce yourself or send an email to Susanne.clear@centralcoast.tas.gov.au.

Visitor Services Coordinator, Susanne Clear -
Susanne.clear@centralcoast.tas.gov.au.

www.centralcoast.tas.gov.au/volunteers

Volunteer enquiries: Susanne Clear

email: Susanne.clear@centralcoast.tas.gov.au

Phone: 03 6425 2839

ORGANISATION: **RAAF ASSOCIATION NORTH WEST**

Location: North West Area, Creamery Road SULPHUR CREEK TAS 7316

Volunteer roles and opportunities: Take part in trips and centenary dinners.

Volunteer enquiries: (03) 6435 4126

ORGANISATION: **LEVEN YACHT CLUB INC**

Location: 3 Dial Street ULVERSTONE TAS 7315

Volunteer roles and opportunities: Sailing instructors, Rescue boat crew, Maintaining club dinghies, Canteen staff

Volunteer enquiries: Daryl Connelly, Secretary

Website: www.facebook.com/levenyachtclub

ORGANISATION: **ULVERSTONE NEIGHBOURHOOD HOUSE**

Location: 8-10 Lugana Crescent, West Ulverstone

Volunteer roles and opportunities: Volunteering roles: mentoring, supporting the Food Shed, office work.

Volunteer enquiries: admin@ulvhouse.com.au or Ph: 64254186

Website: website : nht.org.au/Ulverstone



ORGANISATION: **PENGUIN VISITOR INFORMATION CENTRE**

Location: 78 Main Road PENGUIN TAS 7316

Volunteer roles and opportunities: The Penguin Visitor Information Centre is always looking for volunteers to join their team. If you have time available and like the thought of assisting tourists with their travel plans, then call us – we have a place for you on our team. Tourism industry training and familiarisation tours are available to you to bring you up to speed on our visitor attractions. As a registered volunteer you'll also be eligible for some great discounts.

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Volunteer enquiries: Susanne Clear

email: Susanne.clear@centralcoast.tas.gov.au

Phone: 03 6425 2839



ORGANISATION: **ULVERSTONE MENS SHED**

Location: Ulverstone Show Grounds: Blue Shed

Volunteer roles and opportunities: Mentoring, supervising.

Volunteer enquiries: email:

Centralcoastcommunityshed@gmail.com.au

ORGANISATION: **PENGUIN BASKETBALL ASSOCIATION**

Location: Ironcliffe Road PENGUIN TAS 7316

Volunteer roles and opportunities: Many roles available from coaching, refereeing, roster coordinator, canteen help through to committee positions

Volunteer enquiries: pba.tas.secretary@gmail.com

Website: www.penguinbasketball.com



ORGANISATION: NW TALL TIMBERS THUNDER BASKETBALL CLUB INC.

Location: Ulverstone Sports & Leisure Centre Flora Street ULVERSTONE TAS 7315

Volunteer roles and opportunities: NW Tasmania Thunder Basketball Club is a member of the National South East Australian Basketball League. The NW Tall Timbers Thunder team is a representative basketball team from the North-west region of Tasmania, competing in the SEABL South Men's division. We are a self-funded organisation and rely heavily on the support of the local business community and volunteers.

Volunteer enquiries: enquiries@nwthunder.com.au

Website: www.nwthunder.com.au



ORGANISATION: ULVERSTONE REPERTORY THEATRE SOCIETY INC.

Location: PO Box 555, Ulverstone, Ulverstone Civic centre, Leven Theatre.

Volunteer roles and opportunities: backstage crew, set building, front of house. (Christmas Carols, other community events support)

Volunteer enquiries: ulverstonerep.com.au

Website: ulverstonerep.com.au

ORGANISATION: CENTRAL COAST FILM SOCIETY INC

Location: Leven Theatre, Ulverstone Civic Centre, Patrick Street ULVERSTONE TAS 7315

Volunteer roles and opportunities: Committee and Film Society

Volunteer enquiries: Ian England 0416 833 080

Website: Facebook – Central Coast Film Society



ORGANISATION: BURNIE LITTLE ATHLETICS CENTRE

Location: Sports Complex Avenue, PENGUIN TAS 7316

Volunteer roles and opportunities: Canteen Manager/Coordinator

Volunteer enquiries: Michelle Scolyer 0418 106 210

Website: www.burnielittleaths.org

ORGANISATION: ULVERSTONE COASTCARE

Location: BUTTONS CREEK, ULVERSTONE TAS 7315

Volunteer roles and opportunities: Ulverstone Coastcare meets every 2nd Wednesday of the month and some Saturdays at Buttons Creek, Ulverstone. The group have transformed the western side of Buttons Creek and Buttons Beach area over a period of 5 years. When the group first started working the Western creek bank was a wall of weeds in amongst the poplar trees. The banks were cleared in a gradual process and vegetated in stages. Ulverstone Coastcare has formed strong partnerships with Central Coast Council, and Cradle Coast NRM, and through these partnerships have improved the biodiversity and natural values of the area. The project is long term and work has commenced on the other side of Buttons Creek. All materials are provided.

Volunteer enquiries: Robyn Parker 0418 142 70 or Lyn Mansfield (03) 6425 7056

Email: mkram@bigpond.net.au

ORGANISATION: WILD CARE - FRIENDS OF THE PENGUIN CRADLE TRACK

Location: ULVERSTONE TO CRADLE MOUNTAIN

Volunteer roles and opportunities: Help maintain the Penguin Cradle Trail (PCT). Explore the beauty of our local area.

Volunteer enquiries: Wildcare website – www.wildcaretas.org.au

ORGANISATION: THE FRIENDS OF REID STREET RESERVE

Location: Cnr Reid Street and South Road ULVERSTONE TAS 7315

Volunteer roles and opportunities: Helping to care for this piece of remnant bushland through weed control activities, re-vegetation and community education, including flora and fauna surveys.

Volunteer enquiries: Sonya Stallbaum (03) 6429 8972

email: sonya.stallbaum@centralcoast.tas.gov.au

ORGANISATION: MEALS ON WHEELS PENGUIN

Location: 3 Crescent Street PENGUIN TAS 7316

Volunteer roles and opportunities: Drivers and helpers. Kitchen staff to receive and organise the meals each week day morning for approximately 1 hour.

Volunteer enquiries: Judy Ling (03) 6437 2674 or Helen Robertson 0400 089 461

Website: swww.mowtas.org.au

ORGANISATION: PENGUIN HISTORY GROUP

Location: Penguin Railway Station, Main Road PENGUIN TAS 7316

Volunteer roles and opportunities: Include cataloguing, computing and researching local history materials. Those with specific IT skills would be most welcome.

Volunteer enquiries: Craig Duham (03) 6437 2941

**ORGANISATION: SULPHUR CREEK
PRESERVATION BAY COASTCARE**

Location: 212 Preservation Drive PENGUIN TAS 7316

Volunteer roles and opportunities: Part of a team learning about invasive weeds and how to irradiate them

Volunteer enquiries: Frank Wilson

email: f.wilson8@bigpond.com

Phone: 0439 270 272

ORGANISATION: TURNERS BEACH COASTCARE INC.

Location: TURNERS BEACH

Volunteer roles and opportunities: Participation in meetings and working bees which focus on the rehabilitation and protection of the natural coastal environment.

Volunteer enquiries: Tim Horniblow

email: whorniblow@mrc.tas.edu.au

Phone: 0497098880

ORGANISATION: SES CENTRAL COAST UNIT

Location: Ulverstone 16 Grove Street ULVERSTONE TAS 7315

Volunteer roles and opportunities: Storm Damage, flood emergencies, vehicle accidents and rescue

Volunteer enquiries: Harold Priest 041 599 629 or Kurt Carey 0408 124 425

**ORGANISATION: NORTH WEST ENVIRONMENT
CENTRE PENGUIN**

Location: 235 Ironcliff Road, PENGUIN TAS 7316

Volunteer roles and opportunities: Community Garden Volunteer, Event Management Volunteer, Executive Committee Member

Volunteer enquiries: email: secretary@nwec.org.au

Website: www.nwec.org.au

**ORGANISATION: ULVERSTONE HISTORY MUSEUM**

Location: 50 Main Street ULVERSTONE TAS 7315

Volunteer roles and opportunities: Education, Tour Guide, Public Programs

Volunteer enquiries: admin@centralcoast.tas.gov.au

Website: www.facebook.com/ulverstone.historymuseum/

ORGANISATION: ROTARACT CLUB OF CENTRAL COAST

Location: Oz Rock Inn, 10 Beach Street ULVERSTONE TAS 7315

Volunteer roles and opportunities: The purpose of Rotaract is to provide an opportunity for young men and women (aged 18-30) to enhance the knowledge and skills that will assist them in personal development, to address the physical and social needs of their communities, and to promote better relations between all people worldwide through a framework of friendship and service.

Volunteer opportunities include organisation of a range of local community events and Board and Committee roles within the Club.

Volunteer enquiries: email: centralcoastrotaract@hotmail.com

Web: www.facebook.com/centralcoastrotaract

**ORGANISATION: PENGUIN LEO CLUB**

Location: Penguin Scout Hall, Johnsons Beach Road PENGUIN TAS 7316

Volunteer roles and opportunities: Leos provide an opportunity for youth aged between 12-30 years of age to volunteer to help their community and to raise funds to support those in need of assistance

Volunteer enquiries: email: Penguinleoclub@gmail.com

Web: www.facebook.com/penguinleo

ORGANISATION: ROTARY CLUB OF ULVERSTONE

Location: Beachway Motel, 1 Heathcote Street, ULVERSTONE TAS 7315

Volunteer roles and opportunities: Community service

Volunteer enquiries:

email: president.ulverstone@rotary9830.org.au



LENICE WILSON

I am a volunteer at Sulphur Creek Preservation Bay Coast Care, Penguin Basketball Association, North West Coast Shorebird Survey and Wildcare at Narawatapu.

I give my time because I have friends who participate at these places, someone has an idea and I think that I can help, or when I see a need in the community and I have skills that can be put to good use.

It's satisfying to know you make a difference to the weed infestation along the coast and you are part of the wider picture in Tasmania.

It is also important to survey the shore birds in our area it helps give an idea of numbers of birds, domestic and migratory that fly to Tasmania each year. It keeps tabs on increasing or decreasing numbers and the information gathered can be used to give protection to the areas that the migrating birds use as their resting areas.

My favourite experience in volunteering was when you see results such as trees planted grow to maturity and weed infested areas returned to a natural state. Also friendships gained and working towards a common cause within a group.



DALE & JULIE CRAWFORD

You can see us volunteering at Penguin Lions Club. The best experience we have had Volunteering is when we see the change in the young people we work with in our LYNX program, that have chosen to achieve more in their lives, going onto better education and having their own families... and becoming leaders themselves to help other problem youth. Sometimes it's just being able to supply a load of wood for someone.

BROOKE FARRELLY

I enjoy volunteering so much and am involved in many roles as a volunteer. As well as being part of the Penguin Leo Club, I'm also involved as a volunteer on Central Coast Youth Engaged Committee, Heywire and Burn Bright National Leadership camp. It is so rewarding to volunteer.



The Central Coast Council recognises the many benefits to the broad community brought about by those who volunteer.

Without their valuable work the Central Coast Community would not be the wonderful, vibrant place it is.

Thank you to all the volunteers who contribute to making the Central Coast a wonderful place to live, work and visit.

The information in this booklet was accurate as at 1st May 2017, and is information supplied by the organisations.

To be part of this publication next year for Volunteers Week – please email admin@centralcoast.tas.gov.au subject heading 'Volunteers Booklet'.

For more information on volunteering or to find or list a volunteering role, go to <http://www.volunteeringtas.org.au>



**CENTRAL COAST
COUNCIL**

CENTRAL COAST COUNCIL
PO Box 220, 19 King Edward Street
Ulverstone Tasmania 7315
Phone: 03 6429 8900